

Healthy Hearts in the Heartland (H3) is a federally funded research program working with small practice clinics in the Midwest to implement and evaluate quality improvement strategies for cardiovascular care. H3 seeks to identify the best practices, tools and supports needed for small clinic settings to improve heart health of their patients.

This type of work is becoming common in large health systems; your clinic has the opportunity to pioneer how this quality improvement work can be done effectively here in the Midwest.

Principal Investigator: Abel Kho, MD, MS
IRB# STU00201720, AHRQ# HS 023921-01
Northwestern University
Center for Health Information Partnerships
Phone: 312-503-1011

HEALTHY HEARTS the HEARTLAND

Why Participate?

Participation in H3 may help your practice:

- Strengthen prevention for heart disease and stroke by focusing on the ABCS – Aspirin, Blood pressure control, Cholesterol management and Smoking cessation;
- Build or enhance its infrastructure to report and use quality data to improve care;
- Generate new opportunities for its providers to earn continuing medical education (CME) credits and maintain their board certifications;
- Prepare to take advantage of fee-for-service reimbursement opportunities and quality-based incentive programs; and
- Prepare for our healthcare system's rapid shift toward value-based reimbursement.

H3 will work with your practice primarily through a **dedicated practice facilitator** – an experienced practice management coach who is backed by a team of experienced clinicians, population health experts and researchers at some of our area's most prestigious universities and healthcare organizations. Your practice facilitator will have the ability to:

- Give your practice access to important clinical management tools and resources;
- Suggest best practices for possible integration into your clinical routines;
- Recommend EHR decision support tools;
- Use software to build heart health reports and create lists that help with population health management; and
- Review monthly reports on cardiovascular care and discuss further opportunities for improvement.

Many educational components of H3 align with Federal healthcare initiatives. Education you receive from your facilitator may help you understand how these initiatives could benefit your practice and how you can participate in these programs. Some education also may be used for continuing medical education (CME). Examples include:

| Initiative | Description |
|--|--|
| Fee-for-service Reimbursement | |
| Medicare reimbursement for chronic care management | Bill around \$45 per month for 20 minutes of staff phone support to help patients better manage multiple chronic diseases |
| Medicare reimbursement for behavioral screening and intervention | Bill for screening and intervention for tobacco use, unhealthy alcohol use, depression and obesity |
| Quality Reporting and Incentive Programs | |
| Medicare Physician Quality Reporting System (PQRS) | Perform well on various quality metrics to avoid a 2% downward payment adjustment by Medicare in 2017 |
| Value-Based Payment Modifier (VBM) | Perform well on various quality metrics to avoid a 2% to 4% reduction or to obtain a 2% to 4% increase in Medicare reimbursement |
| Medicare Meaningful Use | Meet program requirements to receive up to \$44,000 and to avoid a 3% downward payment adjustment |
| Medicaid Meaningful Use | Meet program requirements to receive up to \$63,750 and to avoid a 3% downward payment adjustment |
| Merit Based Incentive Payment System | Meet program requirements to avoid payment reductions and to receive a bonus of up to 27% starting in 2017 |
| NCQA Patient-Centered Medical Home | Receive higher reimbursement across the board and be prepared for future value-based reimbursement programs. |
| HEDIS measures (and WCHQ measures in Wisconsin) | Perform well on various quality metrics to strengthen your reputation and gain a competitive edge with purchasers |
| Maintenance of Certification (MOC) | |
| Maintenance of Certification Part IV | Receive credit toward Part IV of MOC for your specialty |
| Resources and Synergistic Efforts – H3 will help you access these free resources | |
| Million Hearts Campaign | Guides, toolkits, educational materials and other resources for preventing heart attacks and strokes |
| CMS QIO Program on Cardiac Health | Technical assistance to provide more effective treatment and perform well on various quality measures |
| CMS QIO Program on Diabetes Care | Technical assistance to provide more effective treatment and perform well on various quality measures |
| CDC Smoking Cessation Program | Quitlines and other educational resources for more effective smoking cessation |